

## 2013 State Profile — Rhode Island

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Rhode Island, 62 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 10,404 clients in substance abuse treatment on March 29, 2013. The survey response rate in Rhode Island was 95.4%.

#### Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	47	75.8	6,140	64.8	212	84.1
Private for-profit	13	21.0	3,329	35.2	40	15.9
Local, county, or community government	--	--	--	--	--	--
State government	--	--	--	--	--	--
Federal government	2	3.2	^	^	--	--
Tribal government	--	--	--	--	--	--
<b>Total</b>	<b>62</b>	<b>100.0</b>	<b>9,469<sup>1</sup></b>	<b>100.0</b>	<b>252</b>	<b>100.0</b>

<sup>1</sup> Due to confidentiality concerns, some client counts were suppressed and will not match total client counts.

#### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 29, 2013		
			All Clients <sup>3</sup>		Clients <sup>3</sup> per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	56	94.9	3,795	36.5	437
Clients with drug abuse only	54	91.5	4,721	45.4	557
Clients with alcohol abuse only	49	83.1	1,889	18.2	219
<b>Total</b>	<b>59</b>		<b>10,404</b>	<b>100.1</b>	<b>1,212</b>

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question: 3.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities <sup>1</sup>		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
<b>Outpatient</b>	<b>54</b>	<b>87.1</b>	<b>10,039</b>	<b>96.6</b>	<b>113</b>	<b>215</b>	<b>85.3</b>
Regular	50	80.6	5,667	54.5	50		
Intensive	28	45.2	287	2.8	3		
Day treatment/partial hospitalization	10	16.1	50	0.5	--		
Detoxification	14	22.6	81	0.8	--		
Methadone/buprenorphine maintenance or Vivitrol®	19	30.6	3,954	38.0	170		
<b>Residential (non-hospital)</b>	<b>15</b>	<b>24.2</b>	<b>316</b>	<b>3.0</b>	<b>16</b>	<b>37</b>	<b>14.7</b>
Short term (<30 days)	10	16.1	86	0.8	4		
Long term (30+ days)	14	22.6	230	2.2	13		
Detoxification	2	3.2	^	^	^		
<b>Hospital Inpatient</b>	<b>4</b>	<b>6.5</b>	<b>42</b>	<b>0.4</b>	<b>9</b>	<b>--</b>	<b>--</b>
Treatment	3	4.8	17	0.2	2		
Detoxification	4	6.5	25	0.2	6		
<b>Total</b>	<b>62</b>		<b>10,397<sup>2</sup></b>	<b>100.0</b>	<b>80</b>	<b>252</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

<sup>2</sup> Due to confidentiality concerns, some client counts were suppressed and will not match total client counts.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>15</b>	<b>1.2</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	3,505	82.8
Buprenorphine	83	2.0
Vivitrol®	--	--
<b>Clients in Facilities without OTPs</b>		
Buprenorphine	632	14.9
Vivitrol®	11	0.3
<b>Total</b>	<b>4,231</b>	<b>100.0</b>

<sup>1</sup> Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	59	95.2
Private health insurance	53	85.5
Medicare	26	41.9
Medicaid	56	90.3
State-financed health insurance	46	74.2
Federal military insurance	34	54.8
No payment accepted	--	--
Access to Recovery (ATR) vouchers <sup>2</sup>	46	74.2
IHS/638 contract care funds	2	3.2
Other payments	--	--
Sliding fee scale	26	41.9
Treatment at no charge for clients who cannot pay	41	66.1

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

For symbol definitions, see the symbol key on the last page of this profile.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	62	100.0
State substance abuse agency	52	83.9
State mental health department	50	80.6
State department of health	30	48.4
Hospital licensing authority	9	14.5
The Joint Commission	23	37.1
Commission on Accreditation of Rehabilitation Facilities	30	48.4
National Committee for Quality Assurance	3	4.8
Council on Accreditation	4	6.5
Other state/local agency/organization	2	3.2

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	43	69.4

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>62</b>	<b>100.0</b>
Screening for substance abuse	61	98.4
Screening for mental health disorders	50	80.6
Comprehensive substance abuse assessment or diagnosis	62	100.0
Comprehensive mental health assessment or diagnosis	41	66.1
Screening for tobacco use	40	64.5
Outreach to persons in the community who may need treatment	40	64.5
Interim services for clients when immediate admission is not possible	31	50.0
No services offered	--	--
<b>Testing</b>	<b>62</b>	<b>100.0</b>
Breathalyzer or other blood alcohol testing	48	77.4
Drug or alcohol urine screening	61	98.4
Screening for Hepatitis B	18	29.0
Screening for Hepatitis C	18	29.0
HIV testing	17	27.4
STD testing	15	24.2
TB screening	22	35.5
No services offered	--	--
<b>Counseling</b>	<b>61</b>	<b>98.4</b>
Individual counseling	61	98.4
Group counseling	57	91.9
Family counseling	52	83.9
Marital/couples counseling	41	66.1
<b>Transitional Services</b>	<b>62</b>	<b>100.0</b>
Discharge planning	62	100.0
Aftercare/continuing care	57	91.9
No services offered	--	--
<b>Pharmacotherapies</b>	<b>47</b>	<b>75.8</b>
Disulfiram (Antabuse®)	22	35.5
Naltrexone (oral)	21	33.9
Vivitrol® (injectable Naltrexone)	6	9.7
Acamprosate (Campral®)	15	24.2
Nicotine replacement	19	30.6
Non-nicotine smoking/tobacco cessation medications	16	25.8
Medications for psychiatric disorders	33	53.2
Methadone	18	29.0
Buprenorphine with naloxone (Suboxone®)	19	30.6
Buprenorphine without naloxone	8	12.9
No services offered	13	21.0
<b>Ancillary Services</b>	<b>62</b>	<b>100.0</b>
Case management services	56	90.3
Social skills development	48	77.4
Mentoring/peer support	33	53.2
Child care for clients' children	5	8.1
Assistance with obtaining social services	45	72.6
Employment counseling or training for clients	30	48.4
Assistance in locating housing for clients	40	64.5

Continued

## Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	27	43.5
Early intervention for HIV	19	30.6
HIV or AIDS education, counseling, or support	39	62.9
Hepatitis education, counseling, or support	36	58.1
Health education other than HIV/AIDS or hepatitis	35	56.5
Substance abuse education	60	96.8
Transportation assistance to treatment	29	46.8
Mental health services	49	79.0
Acupuncture	1	1.6
Residential beds for clients' children	1	1.6
Self-help groups	25	40.3
Smoking cessation counseling	33	53.2
No services offered	--	--
<b>Other Services</b>	<b>17</b>	<b>27.4</b>
Treatment for gambling disorder	13	21.0
Treatment for Internet use disorder	4	6.5
Treatment for other addiction disorder	10	16.1
No services offered	41	66.1

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	61	98.4
Relapse prevention	60	96.8
Cognitive-behavioral therapy	61	98.4
Motivational interviewing	59	95.2
Anger management	56	90.3
Brief intervention	53	85.5
12-step facilitation	41	66.1
Trauma-related counseling	54	87.1
Contingency management/motivational incentives	40	64.5
Rational emotive behavioral therapy (REBT)	26	41.9
Matrix Model	12	19.4
Community reinforcement plus vouchers	10	16.1
Computerized substance abuse treatment/telemedicine	6	9.7
Other treatment approaches	--	--

## Facility Capacity and Utilization Rate<sup>1</sup>

	Residential	Hospital Inpatient
Number of facilities	15	2
Number of clients <sup>2</sup>	323	^
Number of designated beds	348	^
Utilization rate <sup>3</sup>	92.8	^
Average number of designated beds per facility	23	^

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 29, 2013.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	334
Buprenorphine	68
Vivitrol®	1

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	19	30.6
Any language other than English	36	58.1
<b>Non-English Language Provided by:</b>		
Staff counselor only	17	47.2
On-call interpreter only	10	27.8
Both staff counselor and on-call interpreter	9	25.0
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	23	88.5
American Indian/Alaska Native languages	--	--
Other	12	46.2

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	52	83.9
Adult women	32	51.6
Clients with co-occurring disorders	34	54.8
Adult men	24	38.7
Criminal justice clients	25	40.3
Adolescents	19	30.6
Persons who have experienced trauma	20	32.3
DUI/DWI clients	14	22.6
Young adults	15	24.2
Persons who have experienced domestic violence	17	27.4
Persons who have experienced sexual abuse	15	24.2
Pregnant or postpartum women	16	25.8
Persons with HIV/AIDS	15	24.2
Veterans	14	22.6
LGBT <sup>1</sup>	9	14.5
Seniors or older adults	9	14.5
Members of military families	9	14.5
Active duty military	6	9.7
Other	2	3.2
No program or group offered	15	24.2

<sup>1</sup> Lesbian, gay, bisexual, or transgender clients.

**Symbol key:** -- Quantity is zero. \* Less than 0.05 percent. n/a Not applicable. ^ Data suppressed due to confidentiality issues.  
‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

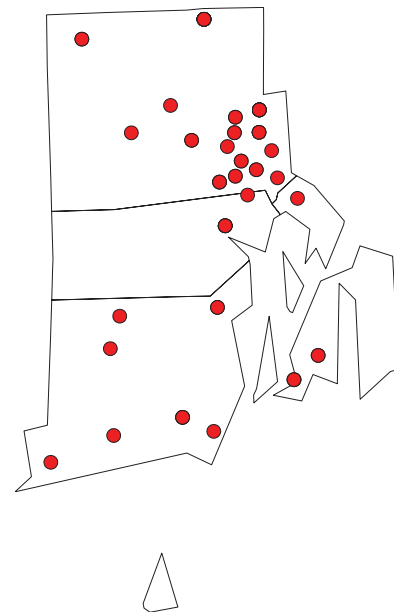
Access N-SSATS profiles for individual states at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:

<http://findtreatment.samhsa.gov/>

## Location of Treatment Facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)